

GMT - Trading Hours Schedule

These hours apply between **Sunday 5 November 2023** to **Saturday 09 March 2024**.

To view the full year schedule, click [here](#).

| Products affected | Trading hours |
|---|--|
| FX | 22:05 Sun – 22:00 Fri (except 22:00 – 22:05 daily) |
| Gold, Silver, US Crude, US Natural Gas, XPD, XPT | 23:00 Sun – 22:00 Fri (except 22:00 - 23:00 daily) |
| UK Brent | 01:00 – 22:00 (Mon – Fri) |
| Aluminium, Copper, Lead, Zinc | 01:00 – 19:00 (Mon – Fri) |
| Nickel | 08:00 – 19:00 (Mon – Fri) |
| Australia 200 | 22:50 Sun – 22:00 Fri (except 22:00 - 22:50 daily) |
| China A50, China H Shares, Europe 50, France 40, Germany 30, Hong Kong 50, Japan 225, Netherlands 25, Singapore 20, Switzerland Blue Chip, Taiwan RIC Capped, UK 100, US SPX 500, US Tech 100, Wall Street 30 | 23:00 Sun – 22:00 Fri (except 22:00 -23:00 daily) |
| Spain 35 | 07:00 – 19:00 (Mon – Fri) |
| Crypto | 22:05 – 22:00 (except 22:00 – 22:05 and 10:00 – 17:00 on Saturday) |

Please note the hours above are subject to change.

LMAX Global: +44 20 3192 2555 | info@LMAX.com